

SAMPLE CAMP MENU

BREAKFAST

Breakfast burrito
Seasoned diced potatoes
Cream of Wheat and toppings
Cereal bar
Yogurt, granola and fruit
Milk, juice

LUNCH

Chicken nuggets/veggie nuggets
French fries
Roasted green beans
Salad bar
Southwest quinoa and mandarin salad (gluten free)
Lemon rice soup
Chocolate chip cookies

DINNER

Beef tacos
Garbanzo bean tacos (gluten free)
Spanish rice
Seasoned corn
Tortilla chips, guacamole and salsa
Penne and marinara
Seasoned peas
Chocolate Cake